**The Eight Perspectives on Psychology**

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| Approach | Description |
| **Biological** |  |
| **Evolutionary** |  |
| **Cognitive** |  |
| **Humanistic** |  |
| **Psychoanalytic** |  |
| **Learning** |  |
| **Sociocultural** |  |
| **Biopsychosocial**  |  |